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Directions: Read the following sentences and mark the correct choices.

- After his surgical operation in, the patienthis pain while nurses surrounded him.
a. put out b. yelled out c. made out d. lifted up
- The plants are regularlyfor disease and pests.
a. survived b. dedicated c. retired d. inspected
- The new student was very noisy so the teacher took all his books and threw them out of the window.
a. wandered b. hurried c. wondered d. hurled
- Theof buildings trapped thousands of people during the violent shaking of the earth's surface.
a. collapse b. colleague c. process d. chaos
- He tried to search for golden rings in his pocket.
a. prop b. grope c. choke d. switch
-his voice, he warned that he would not tolerate efforts to weaken national stability.
a. deserving b. rising c. raising d. drifting
- A huge migrant population ofworkers are now traveling around the region looking for jobs.
a. realistic b. fortunate c. frequent d. itinerant
- Our government heads are going toa new warship today for the safety of the Persian Gulf.
a. launch b. capsize c. exhaust d. survive
- When you become old, your hands tremble, your eyesight is blurred and your steps.....
a. perceive b. falter c. admonish d. soil
- The bomb explosion really much of the old part of the city of Tehran.
a. engulfed b. determined c. revived d. devastated
- Since love and attention wasupon him, he lived three months longer.
a. remembered b. departed c. lavished d. screamed
- The new supervisor tries tohis own decisions on the university policy.
a. impose b. collapse c. swerve d. hoist
- The fate of the unlucky three prospectors in the snow- covered mountains is unknown.
a. concern b. annoyance c. destiny d. pressure

14. The newly-married couple almostof ever having children.
a. restricted b. despaired c. compelled d. included
15. Her father suffered form severeafter losing his job.
a. expression b. composition c. prevention d. depression
16. In the crowded bus, I wasbetween two other passengers.
a. wedged b. fumbled c. stumbled d. withered
17. Her mind is completely filled with the man she is going to marry with
a. defined b. obsessed c. persisted d. recalled
18. After her divorce, it was an experience of living alone which gave her satisfaction , pleasure and profit. It was a(n).....experience.
a. conclusive b. energetic c. rewarding d. unsatisfactory
19. When the guards attacked, the people moved away over the rocks and fled.
a. survived b. scrambled c. wondered d. squeezed
20. My teammate, Alex, is willing and gives his time and energy to his aim, he is amember of our team.
a. demonstrated b. registered c. grimaced d. committed
21. Because of theof new- born babies to disease, take your child to a pediatrician.
a. vulnerability b. promptness c. intuition d. inspiration
22. It is no use talking to or criticize him, he is actually to the criticism.
a. expressive b. reasonable c. impervious d. cognitive
23. She coaxed the horse into coming a little closer.
a. stared b. doubted c. persuaded d. succeeded
24. She made anfor her sick son to see the doctor.
a. intersection b. appointment c. expansion d. omission
25. You can withdraw up to \$ 100 a daythat you have the money in your account.
a. supplied b. inflicted c. consumed d. provided
26. Most of the guests stared at the lady in a state of feeling confused.
a. sympathy b. liquidity c. perplexity d. inferiority

27. How is your sister? Not bad, she has a temporary loss of consciousness and can not remember anything about the accident.

- a. caution b. blackout c. brain jogging d. workout

28. She made a secret and quick effort to shake chocolate ice cream loose for her fingers.

- a. unanimous b. visionary c. fundamental d. surreptitious

29. Sometimes you must accept willingly random events that happen to you.

- a. embrace b. approach c. abound d. distrust

30. If you use the world's resources thoughtlessly, they will surely decrease in amount.

- a. snatch b. moan c. diminish d. engross

31. Please,around in your bag for the keys.

- a. croak b. rummage c. mutter d. blare

32. The wounded soldier was twisting around on the floor in agony.

- a. leaning b. dripping c. swelling d. writhing

33. There were two loud explosions and then the buildings burst into flames.

- a. affections b. detonations c. extinctions d. scavenges

34. They sell a wide range of domesticsuch as washing machines, dish washers and so on.

- a. accomplishments b. long stretches c. schedules d. appliances

35. In yourplease describe qualification and the jobs you have had in the past.

- a. resume b. choice c. access d. mockery

Read the following comprehensions and mark the correct choices.

Comprehension 1:

I was in about 40 feet of water, alone. I knew I should not have gone alone, but I was very competent and just took a chance. There was not much current, and the water was so warm, clear and enticing. When I got a cramp, I realized at once how foolish I was. I was not too alarmed, but was completely doubled up with stomach cramps. I tried to remove my weight belt, but I was so doubled up I could not get to the catch. I was sinking and began to feel more frightened, unable to move. I could see my watch and knew there was only a little more time on the tank" before I would be out of air. I tried to massage my abdomen. I wasn't wearing a wetsuit, but couldn't straighten out and couldn't get to the cramped muscles with my hands.

I thought, "I can't go like this! I have things to do!" I just couldn't die anonymously this way with no one to even know what happened to me. I called out in my mind, "Somebody, something, help me!" I was not prepared for what happened. Suddenly I felt a prodding from behind me under the armpit. I thought, "Oh no, sharks!" I felt real terror and despair. But my arm was being lifted forcibly. Around into my field of vision came an eye - the most marvelous eye I could ever imagine. I swear it was smiling. It was the eye of a big dolphin. Looking into that eye, I knew I was safe.

It moved farther forward, nudging under and hooking its dorsal fin below my armpit with my arm over its back. I relaxed, hugging it, flooded with relief. I felt that he animal was conveying security to me, that it was healing me as well as lifting me toward the surface. My stomach cramps went away as we ascended and I relaxed with security, but I felt very strongly that it healed me too.

At the surface it drew me all the way into shore. It took me into water so shallow that I began to be concerned that it might be beached, and I pushed it back a little deeper , where it waited, watching me, I guess to see if I was all right. It felt like another lifetime. When I took off the weight belt and oxygen tank, and went back into the ocean to the dolphin. I felt so light and free and alive, and just wanted to play in the sun and the water in all that freedom. The dolphin took me back out and played around in the water with me. I noticed that there were a lot of dolphins there, farther out. After a while it brought me back to shore. I was very tired then, almost collapsing and he made sure I was safe in the shallowest water. Then he turned sideways with one eye looking into mine. We stayed that way for what seemed like a very long time, timeless I guess, in a trance almost, with personal thoughts from the past going through my mind. Then he made just one sound and went out to join the others. And all of them left.

36. Our writer felt that it was his own foolishness to be in water alone when.....

- a. he left that water was enticing
b. he got a pain in his stomach
c. he tried to remove his weight belt
d. he tried to massage his abdomen

37. Feeling a prodding from behind caused him.....

- a. to see sharks attacking him from behind
b. to die anonymously because of lack of water
c. to get to the cramped muscles with his hands
d. to feel real terror and hopelessness

38. The big dolphin's dorsal fin.....

- a. conveyed relaxation and security to him
b. increased his despair and imagination
c. doubled him up with stomach cramps
d. conveyed concern and prepared

39. When our writer got to the shore

- a. he played with dolphins standing farther out
b. he pushed the dolphin back to be beached
c. he unfastened the weight belt and oxygen tank
d. he ascended the beach to see the sunset better

40. We stayed that wayThat way refers to a state in which

- a. dolphin was looking in to writer's eyes
b. they were safe in the shallow water
c. dolphin made one sound and joined other
d. both of them were tired collapsing

Comprehension 2:

It was Friday night and the office buzzed with plans for the evening. Me? I couldn't wait to go home and curl up on the couch.

Something was wrong. I typically got eight hours' sleep, ate a well- balanced diet and exercised regularly. I had all the ingredients for an energized existence: good friends, a rewarding job and a wonderful family. Even so, it took every ounce of energy I could muster just to stay up for the ten o'clock news. And each morning I'd still awaken groggy and tired.

A checkup showed nothing serious, such as hormone problem or chronic fatigue syndrome. My doctor also ruled out depression, *which* can sap the heartiest energy reserves.

So I began looking for ways to perk up without resorting to special medications or a radical life change. What I found were eight techniques that require little time and no training. If you're in good health but don't always feel as energetic as you'd like, try some of these healthful pick-me-ups.

1. *Take a deep breath.* Deep breathing slows the heart rate, relieves nervous tension and lowers blood pressure while reducing stress hormones. Practice deep breathing ten to 15 minutes every day and whenever you feel stressed, let the air fill both your chest and abdomen, then release it slowly. Many doctors recommend 12 to 16 breaths per minute.

2. *Do some meditation.* People often use meditation as a means to relax, which in turn helps fight fatigue. One technique is to find a quiet place and sit comfortably. Relax, close your eyes and focus on a neutral word like *one* and repeat it continuously.

41. It is clear that our writer here.....

- a. didn't sleep our eight hours every night.
- b. didn't eat what he required for good health
- c. did have sincere friends and family
- d. did have a satisfying job that was worth doing

42. Even so, it took " It " here refers to

- a. the fact that his office was full of plans.
- b. the fact that he was always healthy.
- c. to rule out depuration and cheek up
- d. to stay up for the ten o'clock news

43. "Which", in line 8, refers to

- a. syndrome
- b. depression
- c. every reserves
- d. eight techniques

44. To solve her problem,

- a. she took some medicine.
- b. she changed her life completely.
- c. she practiced eight simple techniques.
- d. she received some training to feel better.

45. Which of the following is Not mentioned as one of the advantages of deep breathing?

- a. It increases blood oxygen.
- b. It helps blood pressure come down.
- c. It lets people become less nervous.
- d. It lowers the amount of stress hormones.

Comprehension 3:

At 5 AM, Rick Little fell asleep at the wheel of his car and crashed into a tree. He spent the next six months in the hospital with a broken back. Rick found himself with a lot of time to think deeply about his life -something for which the thirteen years of his education had not prepared him. Only two weeks after he left the hospital, he returned home one afternoon to find his mother lying semiconscious on the floor from an overdose of sleeping pills. Rick confronted once again the inadequacy of his formal education in preparing him to deal with the social and emotional issues of his life.

During the following months, Rick began to formulate an idea – the development of a course that would equip students with high self-esteem, the relationship skills and conflict management skills. As Rick began to research what such a course should contain, he ran across a study by the National Institute of Education in which 1,000 30-year-olds had been asked if they felt their high school education had equipped them with the skills they needed for the real world. Over 80 percent responded, "Absolutely not."

These 30-year-olds were also asked what skills they now wish they had been taught. The top answers were relationship skills: How to get along better with the people you live with, How to find and keep a job, How to handle conflict, How to be a good parent, How to understand the normal development of a child. How to handle financial management. And how to intuit the meaning of life.

Inspired by his vision of creating a class that might teach these things, Rick dropped out of college and set across the country to interview high school students. In his quest for information on what should be included in the course, he asked over 2000 students in 120 high schools the same two questions.

46. Rick had numerous problems in solving his emotional issues because.....

- a. he was naturally a weak person
- b. he was hospitalized for six months
- c. he was illiterate and lazy person
- d. he had not been well trained in school

47. Rick tried to devise.....

- a. a course that would teach students basic life skills.
- b. a research in which 1000 persons would be asked.
- c. a way to gather responses of the people across the country.
- d. a course that would indicate how to take sleeping pills.

48. The respondents to the study done, wanted all but one of the following skills.

- a. how to get along with people
- b. how to deal with conflict
- c. how to intuit the meaning of life
- d. how to be obedient to job manager

49. To carry out his decision, Rick had to

- a. handle financial management in a plant.
- b. abandon college and interview high school students.
- c. conclude that inspiration had no connection to skills.
- d. hire 2000 students for his quest for needed information.

50. Rick was confined to bed in the hospital because of his

- a. semi-consciousness
- b. drowsiness
- c. broken back
- d. relationship skills