

نام درس: متون خارجی تخصصی ۲

رشته تحصیلی/ کد درس: تربیت بدنی (۱۲۱۲۱۵۹)

زمان آزمون: تستی: ۷۰ تشریحی: -- دقیقه

آزمون نمره منفی دارد ○ ندارد ⊗

منبع: زبان تخصصی-پیام نور
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از فصل ۸ تا پایان کتاب

مجاز است.

استفاده از: --

کد سری سؤال: یک (۱)

پیامبر اعظم (ص): روزه سپر آتش جهنم است.

Part 1

Directions: Select the best choice (a, b, c, or d), and then mark it on your answer sheet.

- The term refers to the fact of playing a game honestly, fairly and according to the rules.
a. Fair play b. Disturbance c. Hooliganism d. Aggressiveness
- A kind of artificial hormone that increases the size of muscles is called
a. Amphetamine b. Anabolic steroid c. Hormone replacement d. Vitamin supplement
- The activity of running slowly and steadily is a way of exercising that is called
a. Climbing b. Running c. Hiking d. Jogging
- A person who is watching an event or game is referred to as a
a. Sportsman b. Spectator c. Follower d. Fan
- The term refers to a way of doing or thinking about something such as a problem or a task.
a. Approach b. Involvement c. Acceleration d. Immunization
- The term refers to a period of time working in order to learn the particular skills needed in your job.
a. Alleviation b. Appearance c. Apprenticeship d. Accomplishment
- Someone who has a special skill or special knowledge of a subject, gained as a result of training or experience is called a/an
a. Synthesizer b. Candidate c. Manager d. Expert
- Buildings, services, equipment, etc. that are provided for a particular purpose are referred to as
a. Bodies b. Facilities c. Federations d. Organizations
- A written statement of the principles, duties, and purposes of an organization is referred to as its
a. Charter b. Delegate c. Contract d. Provision

10. The term refers to a short sentence or phrase that expresses the aims and beliefs of a person, a group, an institution, etc. and is used as a rule of behavior.
- a. Buzzword b. Proverb c. Slogan d. Motto
11. The lazy state of mind and not having any energy or enthusiasm for doing things is referred to as
- a. Laziness b. Paralysis c. Lethargy d. Disorder
12. The act of making a state or situation continue is called
- a. Development b. Maintenance c. Consistency d. Instruction
13. Many runners were suffering from
- a. Exhaustive b. Exhausted c. Exhausting d. Exhaustion
14. My brother has been with soccer for several years.
- a. Involved b. Involve c. Involving d. Involvement
15. It was a largely act from the coach trying to win support from the club.
- a. Symbol b. Symbolic c. Symbolized d. Symbolically

Part 2

Directions: Read each sentence carefully and then select the best definition for the underlined word.

16. The psychological aspects of sports are more difficult to assess because factors such as motivation are more difficult to measure than the size of an audience or the amount of a contract.
- a. The way of measuring something
- b. Assessing psychological aspects of sports
- c. The reason why someone wants to do something
- d. The explanation for why people stop watching a game

17. One of the touted values of sports is that they better one's health. Pursued in moderation, they certainly do improve muscle tone, increase cardiovascular efficiency, and retard skeletal decalcification.
- The strength and firmness of muscles
 - The appearance and shape of muscles
 - The amount and weight of muscles
 - The shape and length of muscles
18. Former Liverpool defender, Alan Hansen, believes that failure to win the championship title could be the end of Chelsea as a dominant force in the English Premier League.
- An action or behaviour that very much helps progress
 - Achieving exactly what you want or what you intend
 - A lack of success in achieving or doing something
 - Getting closer to finishing or achieving something
19. Different levels of competition require coaches of different calibre coaches. Coaches then should be encouraged to progress through those levels.
- having a great deal of related knowledge
 - training and performing well at work place
 - possessing skills as a result of practicing hard every day
 - the level of quality or ability that someone has achieved

20. When the club was established in 1920 none of the members at that time ever felt the need that the club should have an **emblem** like the other clubs. But now, our club emblem, the eagle, is our identity.

- a. a picture or design that is used to represent a country or an organization
- b. a large printed image or photograph, used for advertising something
- c. a written or printed statement that gives information
- d. a picture or shape that has a very important meaning

21. The International Roller Sports Federation submitted the **proposal** to the International Olympic Committee late last year.

- a. an informal, usually written, application for something
- b. discussing informal programs and instructions
- c. a set of formal instructions and suggestions
- d. a plan or suggestion which is made formally to officials

Part 3

Directions: Read each passage carefully and then select the best answer to each question that follows the passage.

Passage 1

In modern times, association football is certainly less violent than rugby, but *soccer hooliganism* is a worldwide phenomenon, while spectator violence associated with the more upper-class but rougher sport of rugby has been minimal.

22. In the first line, what does the word hooliganism mean?

- a. Making too much noise while watching a sports game
- b. Behaving in an extremely noisy and violent way in public
- c. Being a big fan of a sport or a sportsperson
- d. Acting in a very determined way

23. According to the above passage which statement is **TRUE**?

- a. Soccer is as violent as rugby.
- b. Compared to rugby, soccer is a higher-class sport.
- c. Spectator violence is more common in rugby than it is in soccer.
- d. Although rugby is rough, spectator violence is at a lower level than it is in soccer.

Passage 2

There is reason to believe that the distinction between team sports, which emphasize cooperation within the contest, and individual sports, which call for a greater sense of autonomy, is a fundamental one, although an individual may enjoy both.

24. Based on the above passage, which statement is **TRUE**?

- a. There is not much difference between team sports and individual sports.
- b. There is a basic and important difference between team sports and individual sports.
- c. The difference between team sports and individual sports is in the people who play those sports.
- d. Since the difference between team sports and individual sports is great, a person has to play just one of them.

Passage 3

It is often extraordinarily difficult for sports in developing countries to create a system to develop top level coaches, but, this challenge must be faced because failure to do so, means limiting the program to a lower level. Just as there are athlete development programs, there must be development programs for coaches.

25. In the first line of the above text, what is the reference of *it*?

- a. to create a system to develop top level coaches
- b. the challenge that must be faced by the countries
- c. the difficulties for sports in developing countries
- d. something that is often extremely difficult

26. In the above text, it is suggested that if developing countries want to solve their problem, they must

- a. continue with athlete training programs
- b. use skilled and knowledgeable coaches
- c. develop programs for training coaches
- d. not limit their athlete training program

Passage 4

More than 160 National Olympic Committees (NOCs) have joined the Olympic Movement. Some are large and others are small; some represent all the sports in the summer and winter Olympic Games and others represent just those Olympic sports which are practiced in their countries. The International Olympic Committee (IOC) Charter stipulates that there must be at least five sports practiced in a country before an NOC can be formed.

All NOCs have accepted certain constitutional principles laid down by the International Olympic Committee and all of them have joined a great cooperative enterprise to promote the Olympic Games and to develop in their own countries the ideas and ideals upon which the Olympic Movement is based.

27. Based on the above passage, which statement is **TRUE**?

- a. Only large NOCs represent sports in winter Olympic Games.
- b. All NOCs represent all the sports in the summer and winter Olympic Games.
- c. Each NOC is allowed to represent sports either in winter Olympic Games or in summer Olympic Games.
- d. Some NOCs do not represent sports both in summer and winter Olympic Games.

28. According to the above passage, we can say that if a country wants to form an NOC, it must have

.....

- a. five or more sports practiced
- b. five or fewer sports practiced
- c. more than five sports practiced
- d. fewer than five sports practiced

29. In the third line of the second paragraph, what does 'their' refer to?

- a. The IOC
- b. All NOCs
- c. A great cooperative enterprise
- d. Certain constitutional principles

30. Based on the above passage, which statement is **TRUE**?

- a. It is the job of the IOC to join the NOCs in promoting the Olympic Games.
- b. All NOCs are involved in setting the constitutional principles for the IOC.
- c. The IOC sets certain constitutional principles and all NOCs follow them.
- d. The Olympic Movement develops ideas and ideals in NOCs' countries.